

**Welsh Junior Championships  
2023 - Newport 12th 13th August  
FINAL TIMETABLE**



**TRACK EVENTS**

**Saturday 12th August**

EVENT NUMBER	REGISTRATION CLOSES	CALL ROOM		START TIME	EVENT AND AGE GROUPS	ROUND
		IN	OUT			
T01-1	09:30	10:40	10:55	11:00	U17 Women 300m Hurdles	Straight Final
T02-1	09:50	11:00	11:15	11:20	U20 Women 400m Hurdles	Straight Final
T03-1	10:10	11:20	11:35	11:40	U20 Men & U17 Men 400m Hurdles	Straight Final
T04-1	10:30	11:40	11:55	12:00	U17 Men 400m	Heats
T05-1	10:40	11:50	12:05	12:10	U20 Men 400m	Heats
T06-1	10:55	12:05	12:20	12:25	U13 Girls 100m	Heats
T07-1	11:07	12:17	12:32	12:37	U17 Men 100m	Heats
T08-1	11:19	12:29	12:44	12:49	U13 Boys 100m	Heats
T09-1	11:25	12:35	12:50	12:55	U17 Women 100m	Heats
T10-1	11:34	12:44	12:59	13:04	U20 Men 100m	Heats
T11-1	11:40	12:50	13:05	13:10	U20 Women 100m	Straight Final
T12-1	11:55	13:05	13:20	13:25	U17 Men 1500m S/C	Straight Final
T13-1	12:15	13:25	13:40	13:45	U17 Women 1500m S/C	Straight Final
T06-2		13:40	13:55	14:00	U13 Girls 100m	Semi Final
T07-2		13:50	14:05	14:10	U17 Men 100m	Semi Final
T14-1	13:00	14:10	14:25	14:30	U17 Women 1500m	Straight Final
T15-1	13:10	14:20	14:35	14:40	U13 Girls 1500m	Straight Final
T16-1	13:20	14:30	14:45	14:50	U13 Boys 1500m	Straight Final
T17-1	13:30	14:40	14:55	15:00	U20 Men 1500m	Straight Final
T18-1	13:40	14:50	15:05	15:10	U20 Women 1500m	Straight Final
T19-1	13:50	15:00	15:15	15:20	U17 Men 1500m	Straight Final
T20-1	14:00	15:10	15:25	15:30	U20 Men 2000m S/C	Straight Final
T21-1	14:15	15:25	15:40	15:45	U20 Women 400m	Straight Final
T04-2		15:30	15:45	15:50	U17 Men 400m	Final
T05-2		15:35	15:50	15:55	U20 Men 400m	Final
T22-1		15:45	16:00	16:05	U20 Women 2000m S/C	Final
T06-3		16:00	16:15	16:20	U13 Girls 100m	Final
T07-3		16:05	16:20	16:25	U13 Boys 100m	Final
T08-2		16:10	16:25	16:30	U17 Women 100m	Final
T09-2		16:15	16:30	16:35	U17 Men 100m	Final
T10-2		16:20	16:35	16:40	U20 Men 100m	Final

**FIELD EVENTS**

**Saturday 12th August**

EVENT NUMBER	REGISTRATION CLOSES	CALL ROOM		AT EVENT WARM UP	START TIME	EVENT AND AGE GROUPS
		IN	OUT			
F01	09:30	10:25	10:40	10:45	11:00	U13 Boys Shot Put
F02	09:30	10:26	10:41	10:46	11:00	U17 Men Hammer
F03	09:30	10:26	10:41	10:46	11:00	U20 Men Hammer
F04	10:15	10:59	11:14	11:19	11:45	U17 Men Long Jump
F05	10:15	10:59	11:14	11:19	11:45	U20 Men Long Jump
F06	10:45	11:43	11:58	12:03	12:15	U13 Girls Discus
F07	11:00	12:06	12:21	12:26	12:30	Seated Shot
F08	11:45	12:27	12:42	12:47	13:15	U20 Men Discus
F09	11:45	12:27	12:42	12:47	13:15	U17 Men Discus
F10	12:00	12:56	13:11	13:16	13:30	U13 Girls Javelin
F11	12:15	12:49	13:04	13:09	13:45	U20 Men High Jump
F12	12:15	12:49	13:04	13:09	13:45	U17 Men High Jump
F13	12:30	13:14	13:29	13:34	14:00	U13 Boys Long Jump
F14	13:45	14:25	14:40	14:45	15:15	U17 Men Shot Put
F15	13:45	14:25	14:40	14:45	15:15	U20 Men Shot Put
F16	13:45	14:25	14:40	14:45	15:15	Ambulant/Para Shot
F17	14:00	14:54	15:09	15:14	15:30	U17 Women Javelin
F18	14:00	14:54	15:09	15:14	15:30	U20 Women Javelin
F19	14:05	15:00	15:15	15:20	15:35	U20 Women Triple Jump
F20	14:05	15:00	15:15	15:20	15:35	U17 Women Triple Jump
F21	14:45	15:51	16:06	16:11	16:15	Seated Discus

**Qualifications through rounds**

**2 heats = first 3 and 2 fastest = 3Q & 2q = 8 to Final**

**3 Heats = First 2 and 2 fastest = 2Q & 2q = 8 to Final**

**4 Heats = First 3 & 4 fastest to 2 Semi Finals**

**2 Semi Finals = first 3 & 2 fastest to Final**

**Insufficient numbers to hold heats  
and final will be run at heat time**

**Sacn QR code for start lists and results**



**Welsh Junior Championships  
2023 - Newport 12th 13th August  
FINAL TIMETABLE**



Sunday 13th August

EVENT NUMBER	REGISTRATION CLOSES	CALL ROOM		START TIME	EVENT AND AGE GROUPS	ROUND
		IN	OUT			
T23-1	09:30	10:40	10:55	11:00	U17 Women 800m	Heats
T24-1	09:40	10:50	11:05	11:10	U17 Men 800m	Heats
T25-1	09:55	11:05	11:20	11:25	U17 Women 300m	Heats
T26-1	10:05	11:15	11:30	11:35	U13 Girls 200m	Heats
T27-1	10:17	11:27	11:42	11:47	U17 Men 200m	Heats
T28-1	10:35	11:45	12:00	12:05	U17 & U20 Men 3000m	Straight Final
T29-1	10:47	11:57	12:12	12:17	U17W, U20W 3000m	Straight Final
T30-1	11:00	12:10	12:25	12:30	U17 Men 100m Hurdles	Straight Final
T31-1	11:10	12:20	12:35	12:40	U20 Women 100m Hurdles	Straight Final
T32-1	11:20	12:30	12:45	12:50	U17 Women 80m Hurdles	Heats
T33-1	11:33	12:43	12:58	13:03	U13 Boys 75m Hurdles	straight final
T34-1	11:43	12:53	13:08	13:13	U13 Girls 70m Hurdles	Heats
T35-1	11:55	13:05	13:20	13:25	U20 Women 800m	straight final
T36-1	12:00	13:10	13:25	13:30	U13 Boys 800m	Time Trial
T37-1	12:15	13:25	13:40	13:45	U13 Girls 800m	Time Trial
T38-1	12:30	13:40	13:55	14:00	U20 Men 800m	Straight Final
T39-1	12:40	13:50	14:05	14:10	100m Ambulant - Para	Straight Final
T40-1	12:45	13:55	14:10	14:15	W-Chair 100m Classification	Straight Final
T26-2		14:05	14:20	14:25	U13 Girls 200m	Semi Final
T27-2		14:11	14:26	14:31	U17 Men 200m	Semi Final
T41-1	13:07	14:17	14:32	14:37	U13 Boys 200m	Heats
T42-1	13:13	14:23	14:38	14:43	U17 Women 200m	Heats
T43-1	13:22	14:32	14:47	14:52	U20 Men 200m	Heats
T44-1	13:31	14:41	14:56	15:01	U20 Women 200m	Straight Final
T45-1		14:50	15:05	15:10	U13B & U13G 1K Walk	Straight Final
T46-1	15:10	16:20	16:30	15:10	U17 & U20 3K Walk	Straight Final
T25-2		15:10	15:25	15:30	U17 Women 300m	Final
T23-2		15:15	15:30	15:35	U17 Women 800m	Final
T24-2		15:20	15:35	15:40	U17 Men 800m	Final
T32-2		15:25	15:40	15:45	U17 Women 80m Hurdles	Final
T34-2		15:35	15:50	15:55	U13 Girls 70m Hurdles	Final
T41-2		15:45	16:00	16:05	U13 Boys 200m	Final
T42-2		15:50	16:05	16:10	U17 Women 200m	Final
T43-2		15:55	16:10	16:15	U20 Men 200m	Final
T26-3		16:00	16:15	16:20	U13 Girls 200m	Final
T27-3		16:05	16:20	16:25	U17 Men 200m	Final

Sunday 13th August

EVENT NUMBER	REGISTRATION CLOSES	CALL ROOM		AT EVENT WARM UP	START TIME	EVENT AND AGE GROUPS
		IN	OUT			
F22	09:30	10:31	10:46	10:51	11:00	U13 Boys Javelin
F23	09:30	10:20	10:35	10:40	11:00	U17 Women Hammer
F24	09:30	10:20	10:35	10:40	11:00	U20 Women Hammer
F25	09:30	10:18	10:33	10:38	11:00	U20 Men Triple Jump
F26	09:30	10:18	10:33	10:38	11:00	U17 Men Triple Jump
F27	10:10	10:58	11:13	11:18	11:40	U17 Women High Jump
F28	10:10	10:58	11:13	11:18	11:40	U20 Women High Jump
F29	10:45	11:38	11:53	11:58	12:15	U13 Girls Shot Put
F30	10:50	11:53	12:08	12:13	12:20	U20 Women Long Jump
F31	11:00	10:58	11:13	11:18	12:30	U20 Women Pole Vault
F32	11:00	10:58	11:13	11:18	12:30	U17 Women Pole Vault
F33	11:00	10:58	11:13	11:18	12:30	U17 Men Pole Vault
F34	11:00	10:58	11:13	11:18	12:30	U20M Pole Vault
F35	11:20	12:16	12:31	12:36	12:50	Ambulant/Para Discus
F36	11:20	12:16	12:31	12:36	12:50	U20 Women Discus
F37	11:20	12:16	12:31	12:36	12:50	U17 Women Discus
F38	11:50	12:28	12:43	12:48	13:20	U17 Women Long Jump
F39	12:30	13:10	13:25	13:30	14:00	U13 Girls High Jump
F40	12:30	13:10	13:25	13:30	14:00	U13 Boys High Jump
F41	13:05	13:53	14:08	14:13	14:35	U17 Men Javelin
F42	13:05	13:53	14:08	14:13	14:35	U20 Men Javelin
F43	13:40	14:24	14:39	14:44	15:10	U20 Women Shot Put
F44	13:40	14:24	14:39	14:44	15:10	U17 Women Shot Put
F45	13:55	14:25	14:40	14:45	15:25	U13 Girls Long Jump
F46	14:00	14:58	15:13	15:18	15:30	U13 Boys Discus

**Qualifications through rounds**

**2 heats = first 3 and 2 fastest = 3Q & 2q = 8 to Final**

**3 Heats = First 2 and 2 fastest = 2Q & 2q = 8 to Final**

**4 Heats = First 3 & 4 fastest to 2 Semi Finals**

**2 Semi Finals = first 3 & 2 fastest to Final**

**Insufficient numbers to hold heats  
and final will be run at heat time**

**Sacn QR code for start lists and results**

